



## COLLEGE & CAREER BULLETIN

September 14, 2021

### CLASS UPDATES:

#### **Seniors**

\* Review the [College Search & Application Timeline and Senior Checklist](#) to be sure you stay on top of the college process. This provides a month-by-month breakdown of what you need to do to prepare for and submit college applications.

\* Make sure that your Brag Sheets are complete and that your teacher recommendation requests are entered in Naviance (Colleges tab > Letters of Recommendation > Add Request).

\* This week, all seniors will receive a copy of their transcript, a Release of Records form, and Transcript Request Form (emailed by your School Counselor). Students must return a signed copy of the Release of Records Form by MONDAY and need to submit their Transcript Request Form 3+ weeks before their first college deadline.

\* Need help? Here are some of the things that Mrs. Nicholson can assist you with:

- Finalizing an appropriate list of colleges
- Reviewing applications & college essays
- Preparing for interviews

#### **Juniors**

Begin to (or continue) researching colleges – take advantage of virtual information sessions to learn more about schools. Consider attending a [NACAC College Fair](#)!

Prepare for standardized tests, including the upcoming SAT and PSAT. Consider possible majors. Focus on excelling in your junior year courses!

#### **Sophomores**

Prepare to take the PSAT later this fall. Continue working hard in your courses – your grades are the most important part of your college application. Stay involved and seek new opportunities. Consider taking

up leadership roles in the activities in which you're most invested.

#### **Freshmen**

Welcome to MLHS!! Get involved in extracurriculars, as opportunities arise. Manage your time wisely and stay organized. Do not be afraid to ask for help if you're struggling in a course. Start your high school career off strong!

### MLHS COLLEGE VISITS:

\* Juniors and Seniors are encouraged to attend visits for any college/university they are interested in.

Registration is available on **Naviance, under the Colleges tab > College Visits**. You must register 24 hours in advance. All visits will be held in the **Media Center**.

\* Some college representatives will be visiting MLHS in-person; others will be conducting a virtual presentation – therefore, **we ask that all students bring a laptop**.

\* Students are responsible for requesting permission to miss class for a college visit. You should contact your teacher a few days in advance.

*Check out the following schools visiting this week:*

[Lynn University](#)

[Vanderbilt University](#)

[Lesley University](#)

[Hamilton College](#)

[University of Delaware](#)

[University of South Carolina-Columbia](#)

[College of the Holy Cross](#)

[George Mason University](#)

*See the full list of visiting colleges on Naviance!*

## UPCOMING MLHS EVENTS:

**September 20:** *Mini Camp College*. If you weren't able to make it to Camp College, join Mrs. Nicholson at 7pm to go over important steps in the college process: setting up a Common App account and reviewing the platform, updating Naviance, entering recommendation requests, and more! We encourage ALL seniors who weren't at Camp College to attend this event (parents are welcome too!). It will be held virtually so that students can follow along on their computers.

Zoom link: <https://us02web.zoom.us/j/85120985594>

**September 22:** *Senior College Night*. Join the Counseling Department at 7pm to review important information regarding the college application process. We encourage ALL seniors and parents to attend this program.

Zoom link: <https://us02web.zoom.us/j/82425801402>

**September 27:** Seniors, join Mrs. Nicholson in the Media Center during the lunch period. This "drop-in" session is a great opportunity to work on your college applications or ask Mrs. Nicholson a quick question. More drop-in sessions will be held in October.

**October 28:** *Finding Your Best Fit College*, hosted by *Princeton Review's Editor-in-Chief, Rob Franek*. Both students and parents are invited to join Mr. Franek for a lively discussion on how to find your best fit college. Register [here](#).

## OTHER COLLEGE/CAREER EVENTS:

**September 12-21:** *Coast to Coast College Tour*. Admissions officers from *Dartmouth College, Northwestern University, Princeton University, University of California, Berkeley, and Vanderbilt University* invite you to learn about our institutions, hear advice about the college search and application process, and get your questions answered. Registration is available [here](#).

**September 17:** Join the *University of Chicago* for an *Essay Writing Workshop*. Registration is available [here](#).

**September 18:** *Virtual National SAT Practice Test Day*. During this YouTube event, you'll get a sense of what to expect on test day and join thousands across the country taking a practice test at the same time. The

Khan Academy team will provide proctor instructions as you take a full-length practice test on Official SAT Practice. Register [here](#).

**September 18:** Curious about what sets the *Sister Colleges* apart? Then join *Barnard, Bryn Mawr, Mount Holyoke, Smith, and Wellesley* for a panel and learn what defines the Sisters. Register [here](#).

**September 21:** Join *Brown, UChicago, Columbia, Cornell and Rice* for a virtual information session for prospective students and their families. Sessions include a brief overview of each institution, information on admissions and financial aid, and a chance to ask questions of admissions representatives. This virtual event is being held on multiple dates this fall. Register [here](#).

**September 21:** *Writing Personal Statements for Your College Applications*, hosted by *Drexel University*. Are you stressed out about writing your college application essay? In this workshop, you will work on common essay prompts and will think deeply about the particular story you are trying to tell. You and the other participants will work together drafting, sharing, analyzing, and revising your statements. Register [here](#).

**September 22:** Join *Tufts University* for *Understanding the College Basics*. Applying to college can be overwhelming - come learn more about how to navigate this process, one step at a time! Register [here](#).

**September 22 and September 29:** Join *Providence College* for two great events – *The Inside Scoop on College Interviews* (9/22) and *Application Review 101: The Ins and Outs to Reviewing the Common Application* (9/29). Register [here](#).

**September 27:** Join *Rice University* for a *Case Study* event! Take on the role of an admission officer in this session where we review example applications, known as a case study. You'll get a closer look at how we review and consider every part of the application as well as the way we use contextual review to evaluate students. Register [here](#).

**October 3:** The *National Association of College Admission Counseling* (NACAC) is hosting a series of virtual college fairs this fall. 300+ colleges are signed up for their October 3 fair. This is a great opportunity for juniors to begin exploring colleges, and for seniors to ask quick questions before they apply. Register [here](#).

**October 5:** *West Point Admissions Briefing*. West Point Admissions and the New Jersey West Point Field Force are hosting a *United States Military Academy* virtual meeting for rising freshman, sophomores, and juniors. Register [here](#) to learn more about the benefits of attending a military academy.

**October 10:** Deadline to apply to *Oberlin's Multicultural Visit Program*. This all-expenses-paid trip to campus allows students to experience the vibrancy and diversity of Oberlin. Learn more and apply [here](#).

## **OTHER RESOURCES:**

[A Senior Fall To-Do List](#), by College Admission Strategies

[Apps 101: Ten Tips for an Epic College Essay](#), by Tulane University

[From Senior to Senior: 5 Must-Know Tips for Your Senior Year](#), by University of South Carolina

[How the Olympics Explain College Admission— Part 1](#), by Georgia Tech

[How the Olympics Explain College Admission— Part 2](#), by Georgia Tech

["Womp womp" moments in college admissions](#), by Tufts University

## **TESTING UPDATES:**

[Caltech Announces One-Year Extension of Moratorium on SAT and ACT Requirements](#) (Test Blind)

➔ See [FairTest.Org's](#) full list of [Colleges & Universities with ACT/SAT-Optional Testing Policies for Fall 2022 Admissions](#). Nearly three-quarters of all four-year institutions are test-optional or test-blind for Fall 2022 applicants.

**SAT/ACT Registration:** *We encourage families to sign up well in advance of the registration deadlines, as seats fill quickly.*

[SAT Registration](#), [ACT Registration](#)

**Upcoming MLHS test dates:** October 2 (SAT) and October 23 (ACT). In-school SAT: October 13.

Check out free test prep resources:

[Official SAT Practice Tests - College Board](#)

[SAT Practice Tests - Khan Academy](#)

[ACT Practice Test](#)

## **JOBS & SERVICE OPPORTUNITIES:**

**American Cancer Society's Students Conquering Cancer** are a growing group of middle, high school and college age students across the US who unite to learn and to spread the word about reducing cancer risk, while raising funds to help the American Cancer Society save lives. Students can participate digitally and virtually from anywhere in the US. The program runs by semester, offered fall, spring and summer. Learn more and sign up [here](#).

**Lakeland Hills Family YMCA** is seeking after school counselors and coaches. This is a great opportunity for juniors and seniors (16 and older). See the flyer attached to the Bulletin email for more details. Contact Shannon Bujoreanu at [shannonb@lhymca.com](mailto:shannonb@lhymca.com) if you have any questions.

## **FINANCIAL AID INFORMATION:**

\* The [Free Application for Federal Student Aid](#) (FAFSA) opens on October 1. This form must be completed if you are applying for need-based financial aid. Review this resource for help on preparing for, completing, and submitting the FAFSA: [Filling Out the FAFSA Form](#)

\* Check to see if your colleges also require the [CSS Profile](#) (review their financial aid website). Use this [guide](#) for help on completing the CSS Profile.

## **SCHOLARSHIP OPPORTUNITIES:**

**Bennett Singh Brand Award** (\$2,500) will be presented to one or more seniors enrolled in Entrepreneurship 3 or 4 who have demonstrated growth and leadership. It is intended to be used to further the education of a promising student or students. Applications should be emailed by October 1 to Ms. Zorica Alcott in Guidance via email at [zalcott@mlschools.org](mailto:zalcott@mlschools.org). Contact Mrs. Nicholson for a copy of the application.

**Coca-Cola Scholars Program Scholarship** is an achievement-based scholarship awarded to graduating high school seniors. Students are recognized for their capacity to lead and serve, as well as their commitment to making a significant impact on their schools and communities. 150 Coca-Cola Scholars are selected each year to receive this \$20,000 scholarship. [Apply by](#) October 31.

**Davidson Belk and Bryan Scholarships:** Nominations are now being accepted for two scholarships at Davidson College. If you are interested in this opportunity, please visit the website [HERE](#) and review the requirements. If you find that either of these are a good fit, please provide the following: a brief summary of yourself, a paragraph on your interest in Davidson, and a resume (or a copy of your Common App Activities & Awards section). Please submit this to Mrs. Nicholson by September 20 for the Bryan Scholarship or November 5 for the Belk Scholarship.

**Fujifilm + Urban Outfitters** are giving away \$20,000 in college scholarships to students who want to give back and make an impact in their communities. Entrants must be 16 or older at the time of application. Two essays are required. Learn more and apply (deadline October 16<sup>th</sup>) [here](#).

**Heisman High School Scholarship:** Winners are eligible for awards ranging from \$1,000-\$10,000. Eligibility begins with maintaining a weighted GPA of 3.0 or better. Applicants also need to be proven leaders and role models within their school and community. Additionally, applicants must participate or have participated in grades 9, 10, or 11 in at least one of the [qualifying sports](#) (see website). [Apply by](#) October 19.

**National Space Club and Foundation** offers a scholarship each year in memory of the Honorable Olin E. Teague, a Representative in Congress who aggressively supported our national space program, to encourage talented young people to pursue careers in aerospace fields. The scholarship, in the amount of \$4,000, is awarded to a graduating high school senior. The [application](#) (due Oct. 15) requires a research paper focusing on applications to aerospace, 5 page minimum.

**Unigo Shout It Out Scholarship (\$1,500):** Submit an online written response to the question, "If you could say one thing to the entire world at once, what would it

be and why?" (250 words or less). [Apply by](#) September 30.

**UVA Jefferson Scholarship:** If you are applying to the University of Virginia, nominations are now being accepted for the Jefferson Scholarship. This award covers the entire cost of attendance for four years at UVA, plus supplemental enrichment experiences. If you are interested in this opportunity, please visit the website [HERE](#) and review the requirements. If you find that this is a good fit, please provide the following: a brief summary of yourself, a paragraph on your interest in UVA, and a resume (or a copy of your Common App Activities & Awards section). Please submit this to Mrs. Nicholson by November 5.

**Villanova Presidential Scholarship:** If you are applying to Villanova, nominations are now being accepted for the Presidential Scholarship - which covers full tuition, room, board, fees, and the cost of textbooks. If you are interested in this opportunity, please visit the website [HERE](#) and review the requirements. If you find that this is a good fit, please provide a brief summary of yourself, a resume (or a copy of your Common App Activities & Awards section), and your "Why Nova" essay to Mrs. Nicholson by November 5.